

PSHE Policy

Senior School

2024 / 2025



Ibstock Place

CO-EDUCATIONAL DAY SCHOOL

IBSTOCK PLACE SCHOOL

Personal, Social, Health and Economic Education

Senior School

Scope

This policy applies to all Senior School pupils and staff at Ibstock Place School (hereinafter 'Ibstock' or 'the School').

Roles and Responsibilities

The Governing Body delegates responsibility to the Head for developing and enacting any required "Good Practice" policies. These policies are non-statutory and do not require ratification by the Governing Body. As such, the Head has delegated accountability and responsibility for the operationalisation of this policy to the Deputy Head (Pastoral) who ensures the consistent application and implementation of this policy across the School. Staff should follow the expectations set out in this policy.

1. Introduction

This policy aims to:

- Achieve the School's aims for the provision of Personal, Social, Health and Economic Education.
- Ensure a coordinated approach to PSHE/SMSC provision across the Senior School. The policy should be read in conjunction with the School's Relationship and Sex Education Policy.

2. Policy Statement

PSHE is an important component in our learning programmes at the School.

We coordinate PSHE learning in the following ways:

- Ibstock Foundations Courses
- Weekly PSHE lessons and carousels
- Tutorial Programme/Pastoral Time

- Within subject areas
- Co-curricular provision
- Assemblies/Visiting Speaker programmes

The School has a Christian ethos but welcomes staff and children from many different ethnic groups, backgrounds and creeds.

The Foundations/Tutorial Programme promotes the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.

The Foundations/Tutorial Programme helps pupils to develop resilience and encourages them to 'be safe' online (including being safe from radicalisation), at parties, with peers, with the opposite sex and when in social situations.

The Foundations/Tutorial Programme promotes and is rooted in a tolerance of diversity. Whether that be of gender, religion, sexuality, and race.

Tutorial Programme

The Foundations/Tutorial Programme is presented to pupils by Ibstock staff and visiting experts. We invite professionals into School to run workshops, advertise selected helplines and local services, provide one-on-one advice, support local charities through fundraising activities, design fun days to promote friendships and team building.

The Head of Moral Enrichment (Foundations) coordinates the delivery of the programme in year groups in consultation with the Deputy Head (Pastoral) and Head of Sixth Form.

PSHE topics are covered in pastoral times and School and House Assemblies on Tuesdays and Thursdays. Many of the courses run during the S11 Summer School cover aspects of PSHE.

For Sixth Form, PSHE themes are recurrent through assemblies and academic pastoral times with their tutors. The themes or topics for discussion are largely derived from issues arising from pupils themselves, their immediate concerns, and events in the wider community as reported in the media.

Elements of PSHE and the SMSC agenda figure prominently in the Sixth Form Personal Development Programme which occupies two periods per week for all Sixth Formers. VI form pupils are regularly addressed by a guest to the School on a range of pertinent issues. Sex and Relationships Education is a key aspect part of this programme.

Subject Areas

The activities within the Tutorial Programme dovetail with related learning presented by Faculties to address our *Spiritual, Moral, Social and Cultural* (SMSC) obligations and the philosophy of *Help Children Achieve More*.

The Deputy Head (Pastoral) and Deputy Head (Academic) work with the Heads of Faculty to monitor SMSC coverage through classroom and prep activities.

In Senior 7 and 8, pupils are introduced to Ethics through the vehicles of discussion and debate, founded on a culture of open and respectful dialogue. Pupils develop effective communication skills and the ability to examine both sides of the argument on a variety of social, moral, cultural and theological issues. Lesson time is split between formal teaching to introduce new concepts and then examining them through direct pupil-led debate. Topics covered across the two years include individual liberties, animal rights, racial injustice, the existence of God and queer rights.

In Senior 7-11, pupils have one lesson a week devoted to IPS Foundations. The majority of the Foundations are dedicated to PSHE. Pupils are encouraged to pursue topical research areas when completing their GCSE English Spoken Language speeches and the HPQ. The Foundations programme also includes sessions for outside speakers, covering a wide range of PSHE topics.

PSHE within Foundations is predominantly split up into three areas of interest. Wider World, Relationship and Sex Education, and Health and Well Being.

Use of Wellio in PSHE Teaching

Wellio is a cutting-edge digital platform designed to improve student wellbeing by providing engaging, proactive, and customisable lesson plans for pupils from Years 7 to 12. Its aim is to help the School tackle mental health and wellbeing challenges by offering tools and content that empower pupils with skills for emotional regulation, resilience, managing anxiety and fostering healthy relationships. Wellio also equips staff and parents with training to ensure a cohesive approach to supporting pupils.

At Ibstock, Wellio complements the RSE (Relationships and Sex Education) curriculum as part of its broader pastoral care and Foundations (PSHE) programme. This programme emphasises personal development, emotional intelligence, and life skills through structured lessons and activities. Wellio's evidence-based resources align seamlessly with the School's commitment to supporting pupils' wellbeing, making lessons interactive and impactful.

Benefits of Wellio at Ibstock Place School

1. For Pupils:

- **Skill Development:** Pupils gain practical skills in managing stress, emotional regulation, and building respectful relationships.
- **Interactive Learning:** The platform's use of quizzes, live polls and engaging content ensures that pupils are active participants in their learning.
- **Custom Support:** Live data enables the School to adapt lessons to address current issues, providing targeted support.

2. For Parents:

- **Consistent Messaging:** Parent training ensures that the language and strategies taught at School are reinforced at home, creating a unified support network for pupils.
- **Access to Resources:** Parents are better equipped to guide their children through adolescence, informed by the same principles taught in School.

3. For Staff:

- **Ease of Use:** Teachers can confidently deliver lessons with Wellio's ready-made, high-quality plans, even on topics they might find challenging.
- **Monitoring and Feedback:** The platform's dashboards allow staff to track progress and evaluate lesson effectiveness, saving time and effort.
- **Professional Development:** Staff training ensures comfort and expertise in addressing sensitive wellbeing topics.

By integrating Wellio into its RSE curriculum, the School aims to enhance its commitment to holistic education, ensuring that pupils are equipped not only academically but also emotionally to thrive in an increasingly complex world.

Parent Access to Resources

Parents are able to access the Wellio Platform with the following information:

Link to sign in: https://app.wellioeducation.com/users/sign_in

Email: ibstock-place-school-parents25@wellioeducation.com

Password: GizmoKarate82

This site provides parents with access to classroom resources, including lesson plans and presentations.

Clubs

Significant contributions to our SMSC provision are made through our co-curricular programmes and clubs, overseen by Executive Director of Co-Curriculum and People. For example, Cookery Club, Drama Club, 'Think', the Debating Society, Book Clubs, Humanities Clubs, LGBTQ+ Alliance Club, Feminism Club and a variety of Language Clubs, Sporting Clubs and the Duke of Edinburgh's Award Scheme. The last of these runs through Senior 10, Senior 11, Lower and Upper Sixth.

Assemblies

As outlined in the *Assemblies and Collective Acts of Worship Policy*, we take time each week to reflect on the School's Aims through considering significant moral messages, singing hymns, promoting values we view as important, celebrating the achievements of both individuals and groups of pupils, and acknowledging cultural days.

Queries

Queries on this policy should be directed to the Deputy Head (Pastoral).

Review and Verification

This policy is reviewed annually by the Deputy Head (Pastoral).